

Youth Track and Field Meets Sundays in Bel Air - Spring 2010

HARFORD

JR. TRACK AND FIELD MEET

Schedule (times after start are approx.)

- 1:00 Registration opens
- 1:00 Standing long jump, 9-10 then 7-8
- 1:00 Softball throw, 9-10 then 7-8
- 1:00 400-meter run, 7-8
- 1:30 400-meter run, 9-10
- 2:00 4x50 shuttle relay, 7-8
- 2:30 4x50 shuttle relay, 9-10
- 2:30 Long Jump, 11-12 then 13-15
- 2:30 Softball Throw, 13-15 then 11-12
- 3:00 800-meter run, 11-12
- 3:15 800-meter run, 13-15
- 3:30 50 dash prelims and finals, 9-10
- 4:00 50 dash prelims and finals, 7-8
- 4:30 100 dash prelims, finals, 11-12
- 5:00 100 dash prelims, finals, 13-15
- 5:30 4x100 baton relay, 11-12
- 5:45 4x100 baton relay, 13-15

**April 25, 1 to 6 pm
Four Age Groups
7-8, 9-10, 11-12, 13-15
At John Carroll School**



Sponsored by Bel Air Parks & Rec

Age Groups: are based on year of birth (age on Dec 31, 2010). Age 7-8 born 2002-03, age 9-10 born 2000-01, age 11-12 born 1998-99, and age 13-15 born 1995-97.

Awards: Medals will be presented to the first three boys and first three girls -- including relay teams -- in each age group.

Relays: Teams can be formed at the meet. Ages 7-8 and 9-10 will run the relay on the straightaway; others around the 400-m track.

Equipment: Neither metal spikes nor starting blocks will be used. Softballs and relay batons will be provided.

Entry Fee: Pre-entry by Apr 24 is \$6 (includes both meets). Day of meet entry is \$8 for each meet.

Checks: Make payable to "Bel Air Parks and Rec Track." Mail pre-entries with entry form (below) and check to:
Junior Track
412 Linwood Ave
Bel Air, MD 21014.

Questions? Call Bill Blewett at 410-838-1284 or write wkblewett@aol.com. Obtain additional entry forms and information on line at www.rasac.com.



The Harford County Hershey's Track and Field Meet

**May 16, 1 to 5 pm - for Ages 9 to 14
at John Carroll School in Bel Air**

<u>Ages 9-10</u> (born 2000-01)	<u>Ages 11-12</u> (born 1998-99)	<u>Ages 13-14</u> (born 1996-97)
50 dash	100 dash	100 dash
100 dash	200 dash	200 dash
200 dash	400 dash	800 dash
400 run	800 run	1600 run
Standing long jump	Standing long jump	Standing long jump
Softball throw	Softball throw	Softball throw

- * Each age group also has 4x100 baton relay for both boys and girls
- * Ribbons will be awarded to place winners
- * Limit 3 events per entrant: -- 2 track and 1 field event or 1 track and 2 field events.
- * First 2 finishers in each event, boys and girls, qualify for the Hershey State Meet.
- * A second entry form is to be filled out for the Hershey Meet: available at the meet.

Age Group _____ (based on year of birth) Amount paid: pre-entry for both by 24 Apr _____ \$6

Name _____ Year & date of birth _____ Gender _____ Day-of-meet entries _____ \$8

Address _____ City _____ State _____ Zip _____

Phone _____ Your school _____ email addr: _____

I hereby give my permission for my child to participate in the Harford Junior Track and Field Meet. I certify that he/she is physically fit, and I will not hold meet officials, Harford County Parks and Recreation Dept, Harford Track Club, RASAC, or John Carroll School liable for any accident or injury incurred during the meet.

Signature of Parent or Guardian _____ Date _____

